

UT NURSING

100%
NURSES
EMPLOYED

UNIVERSITY OF TORONTO



**FACULTY
OF
NURSING 93-94**

A MESSAGE FROM THE DEAN...

1993/94 was a momentous year in the history of the Faculty of Nursing because this was the year we launched the PhD program in Nursing Science. This is the first doctoral program in nursing in Ontario and the third in Canada. Both the University of Alberta and UBC mounted programs in 1991 and following our approval, a joint program between the University of Montreal and McGill University was announced.

You many wonder what a doctoral program has to do with the undergraduates. Everything! When there is only an undergraduate program available, students have a difficult time imagining what master's education entails and they have no role models to compare themselves with. Once a program is in place, the reality of going on to graduate education influences career plans and undergraduates start envisioning how and when they will get a graduate degree. This happened when our master's program was started in 1970.

Now that we have a PhD, undergraduates will be able to see how both master's and doctoral education are designed, will meet students in both these programs and will be able to picture themselves as graduate students.

While we welcome students into our master's and doctoral programs who graduate from universities across Canada, there is something special about our own graduates. We feel a mix of pride and accomplishment when students from our BScN program apply and are admitted. we know exactly how hard you have worked and how good you are. We look forward to working with many U of T BScN graduates in our MSc, MN, and PhD programs. Good Luck !

**Dorothy Pringle
Dean**



A MESSAGE FROM THE UNDERGRADUATE CHAIRPERSON

Congratulations to the Class of 1994! You've made it ! I wish you all the best as you launch into the beginnings of a new stage in your careers. I hope you will take many happy memories of your classmates and your accomplishments with you. This yearbook with all its great pictures will serve as an excellent reminder for you.

Please stay in touch with faculty members and come back frequently to keep us up to date on all your happenings.

**Joan Brailey
Undergraduate Chairperson**





FACES



NUR

OF SING



FROSH WEEK









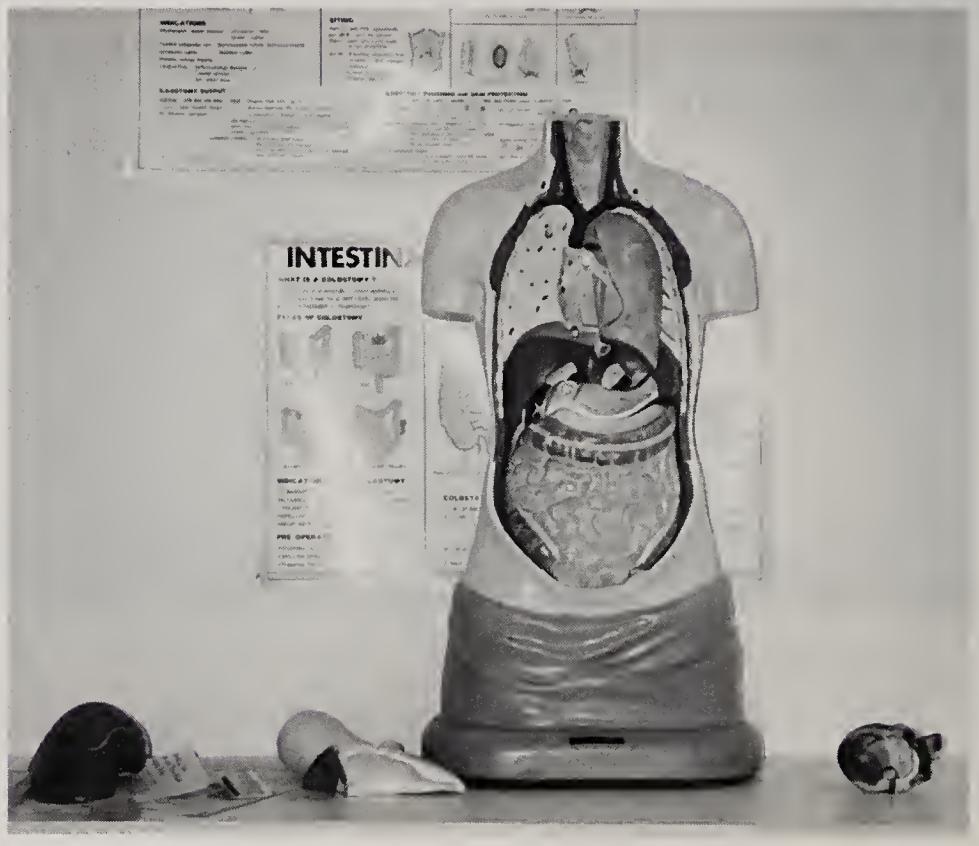


WINE & CHEESE





This year's wine and cheese was held at the Croft Chapter House at University College. It was a chance for faculty and students to mingle while having the chance to sample the wine and all the great food! many thanks go out to Zelia Meieros and Marilyn Varghese for their hard work in preparing this event.





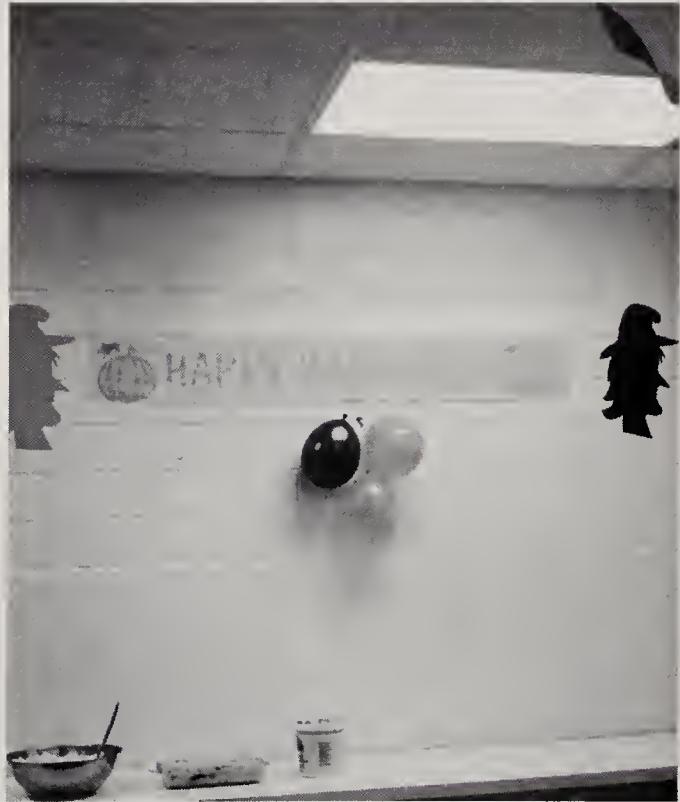




HALLOWEEN



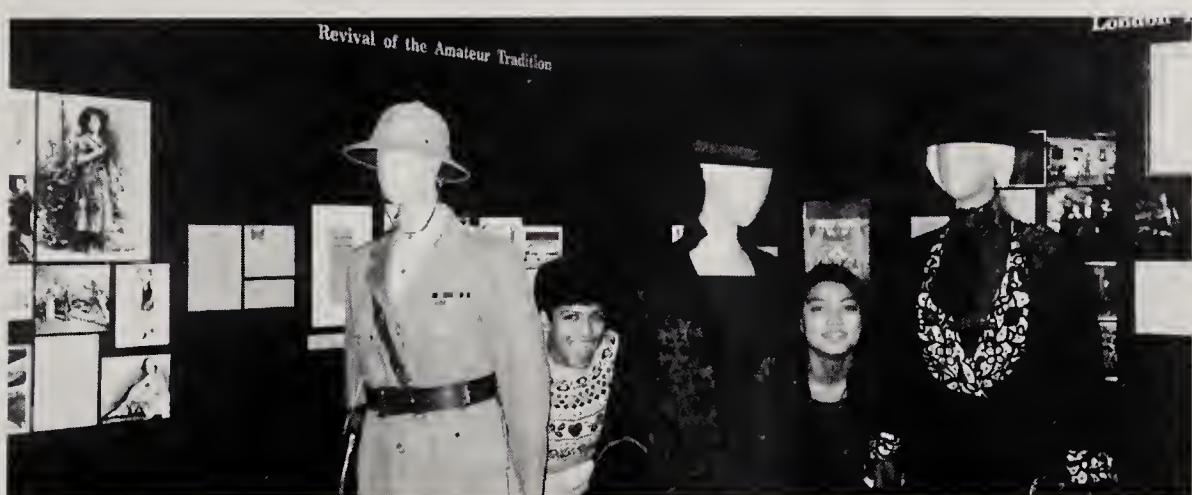
POTLUCK



CNSA



REGIONAL CONFERENCE



NURSING UNDERGRADUATE SOCIETY



THE EXECUTIVE



Many thanks go out to NUS and a very special thanks to our President, Denise Bruinsma for all her hard work and dedication in making this year a memorable one.

Executives:

**Denise Bruinsma - President
Lee-Ann Morier - V.P.
Karen Garcia - Secretary
Sonia Chao - Treasurer**



FACULTY LIASON
Pamela Khan



**SOCIAL REPS
(BUTTERFLIES)**

Zelia Medeiros
Marilyn Varghese
Sheryl Mahoney
Carolyn Kostiuk





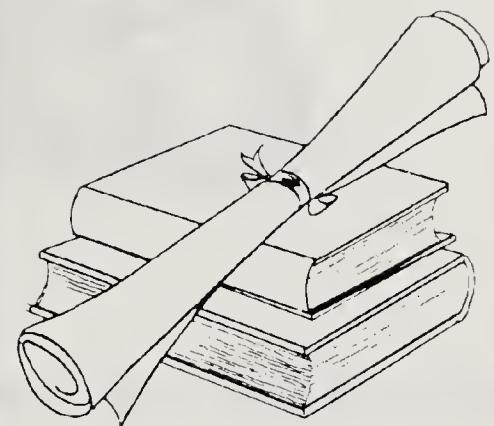
RNAO
Padi Matiaraj, Carolyn
Kostiuk, Charlene Cruz

NCF
Shihping Chang



GRAD

Left: Janice Fleming



**4th YEAR REP
BOTTOM:
P.J. JAPPY**

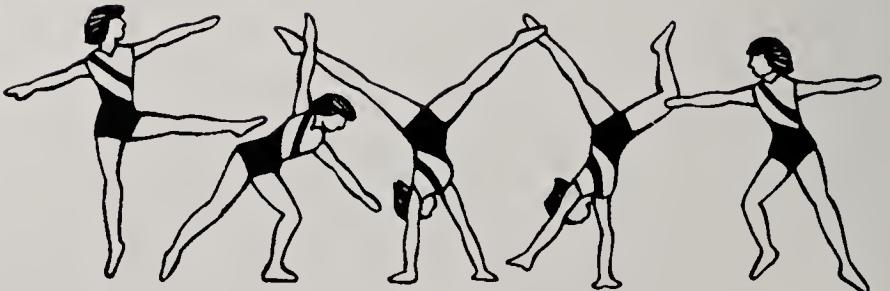
YEARBOOK EDITORS



LIEZLE MESINA AND ANGIE DEAN



ATHLETICS



Heidi Wolfe and Carmen Sanchez (missing)

SAC REP



Ruth Kipka

RN - REPS



K. Nowak and B. Crazier





**CNSA: Jacquie Willems, Aileen Alerta,
Gita Kumar**



**NEWSPAPER; Kathleen Swistara, Cathy
Zee**



**FUNDRAISING: Maggie Wilson, Padi
Matiaraj**



EDUCATION DIRECTOR: Diana Daniel



SPIRIT REP: Nick Baker



9T₇

5

YEAR

J

YEAR II CLINICAL GROUPS



CLASS OF '97

Alberti Kathryn Penelope
Bayafers Askale
Bovey Heidi Mae
Brownlie Nicole M
Cao Michelle
Cardona Maplelee
Caringi Filomena
Cheung Connie
Cho Ka Kin John
Chu Ho Tony
Crane Tara
Demian Rosana
Tawfig
Dinh Quoc Tuan
Eng Bonnie
Farkas Andrea M
Farley Shannon
Fox Melanie
Galloway Wendy Patricia
Garcia Jennifer
Gola Monica Theresa
Hack Nawaz Khan Abdul
Haricharan Esther
Hattar Nancy V

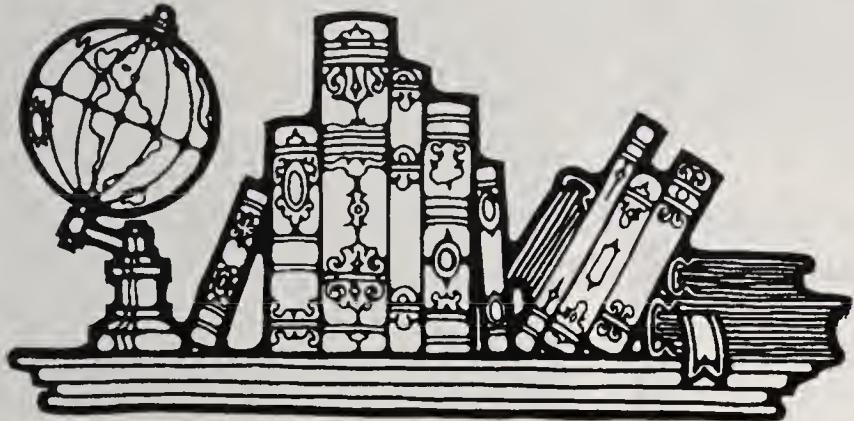


Class of '97



**Ho Vicky Wing-Kie
Ho Wai Kum Irene
Jun Linda
Kang James
Karwal Vinay
Khan Wajiha Afsar
Kim Catharine
Kim Siyon Jocelyne
Kong Brenda E Yen
Ling
Kyte Susan
Latorcai Sara Ann
Lau Kit Ngan Amy
Lee Michelle
Legister Karen Rose
Leighton Nishka Lynn
Leung Maria Hil Wan
Lewis Gail Alicia
Louis Joanne G
Marcon Dave
Marsh Laurie Joanne
May Gillian
McMahon Sharon
Patricia
Medina Celeste**





**Thanga Raj Kavine
Thornton Christine Ann
Torres Maria C
Truong Quang Dieu Thanh
Uotila Tina Miriam
Uroda Gloria
Valero Maria Adelaida
Waithe Solange E
Walters Marjorie Louise
Watson Janet Elizabeth
Wilson Margaret Elizabeth
Wong Man Yee Annie**

**Menard Catherine Marie
Narendran Karthika
Nguyen Nha Thi Thanh
Nichilo Deborah Ann
Nizar Kareema
Noble Joanna Gould
Ntiamoa Afua Konadu
Park Jackie
Parmar Harinder
Phair Nicole
Porchia Stan
Pottinger Ann Elizabeth
Przychodzen Beata
Rundle Robyn Leigh
Russell Krista Ann
Santos Shalimar B
Saraza Noel
Shorey Vandana
Skillen Jennifer
Spudic Marijana
Suarez Bernadette
Taasin Claire
Tchen Rina**

9T₆

5
YEAR
U



YEAR II CLINICAL GROUPS



**Top: (l-r) C. Borgolotto, J. Bouchard, L. Morier, N. Fawcett,
Bottom: (l-r) K. Wong, M. Carr, M. Mills**



**(l-r): Y. Fan, L. Harwood (Clinical Instructor), C. O'Connor, M. Varghese, J. Allen,
R. Rizzuto, D. Fong, A. Brown**



Top: (l-r) A. Manuguid, J. Willems

Bottom: (l-r) L. Mesina, D. Daniel, T. Tsang, C. Zee, H. Nguyen



(l-r) M. Chow, A. Choudry, K. Garcia

Missing: S. Abdullah



(l-r): P. Ng, A. Basarab, F. Evangelista, C. Zanchetta, E. Lang
Missing: Tracey Holz, Hanim Say



(l-r) A. Arora, T. Vo, T. Le, C. Bower, S. Ladak
Missing: N. Bakker



Top: (l-r) S. Geiger (Clinical Instructor), Y. Fan, Z. Medeiros, S. Chao, M. Merelles
Bottom: (l-r) K. Sam, A. Dean, N. Kane



(l-r): L. Chung, K. Hardie (Clinical Instructor), L. Nichols, J. Delarosa, L. Ng0, S. Forgione Missing: Sharon Chong, Raquel Meyer.



(l-r): C. Ling, j. Barna, G. Peragine, S. Imbaralina, F. Oliviera, R. Kipka, C. Joseph.

CAMERA SHY

**K. Chan
S. Chang
J. Fabro
E. Haratsisdis
E. Hui
G. Kumar
J. Kwan
Q. Lam
P. Maharaj
L. Mayer**

**A. McDermott
L. McQuaid
L. Ng
M. O'Hara
D. Pakulat
A. Rienstra
J. Son
D. Yang
A. Yau**

9T_5

YEAR

YEAR THREE NURSING



CLINICAL GROUP SICK KIDS:NEUROSURGERY

(l-r); **Katie Hordie, Josie Osterman, Lis Church, Christine, Diana, Miata, Fioza, Nicole Gravel, Connie Lawrence, Lianne Clarke**



Lianne Clarke

YEAR II CANDIDS





YEAR III CLINICAL GROUPS

ADULT MEDICAL/SURGICAL

Y. Blenman
D. Bruinsma
G. Lo
B. Le
P. McClintock
T. Seo
D. Tutty
E. Wilson

M. Adan
A. Alerta
C. Chan
M. Lopez
C. Thorpe
E. Tingchaulen
L. Wong
J. Wright

MATERNAL/INFANT

A. Cepuran
K. Chow
M. Fields
H. Grant
S. Guruge
H. Hui
P. La
V. Sanci

C. Cruz
B. Ip
S. Liu
A. Pisan
G. Ramirez
G. Reintamm
J. Yu

CHILD MEDICAL/SURGICAL

E. Kokaly
C. Kpodo
L. Liang
K. Lively
W. Ma
M. MacNeil
K. McMullen
P. Vu
H. Wolfe

V. Ashbey
K. Britten
S. Mahoney
R. Philip
K. Robb
P. Stover
K. Szauer
R. Wiegner

PSYCHIATRY

S. Baker
R. Boi-Doku
G. Davis
K. Fu
M. Hasan
A. Hlaing
D. Keselman
P. Patel
S. Randhawa

S. Binning
I. Brenner
S. Goodridge
H. Lau
M. Morris
C. Sanchez
J. Stoppa
M. Zschogner

HOW I LOOK SAYS IT ALL...



Let's start a rain dance



Why should I smile when everyone else already is



**Cinnaburst really does excite
your taste buds**



I want to get high, so high



I feel light-headed



Peace, man!



Is she dead or alive ?



Oink, Oink



Oh, how sweet



What's the green stuff on my lunch?

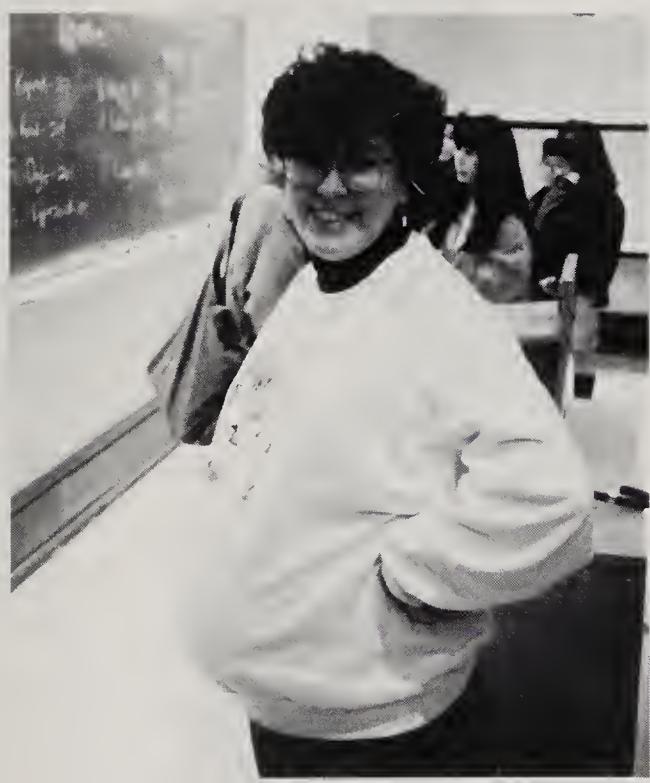


Here doggie, doggie...want my bone?



Please take this





YEAR IV CLINICAL GROUPS





AIDS

WALK



A-THON

HOW DID YOU FIND THE SCHOOL YEAR?

YEAR I

“Who would have ever thought that in your 1st year of University you would have to write so many essays...especially in Nursing.”

“I must admit that this year was definitely not what I expected, actually it has been better.”

“ I love the fact that you can refer to your Nursing profs by their first names. It creates an atmosphere of relaxation!”

“ All in all, I feel that our first year will be the beginning of a great future.”

YEAR II

“ This has been a great year, even better than last year!”

“Spending so much time with my clinical group brought us together. It bonded us in a way that could only be understood by people who spend sooo much time together.”

“The clinical instructors were all great! They were very supportive and taught us the importance of caring in order to become well-rounded nurse...We thank you !

YEAR III

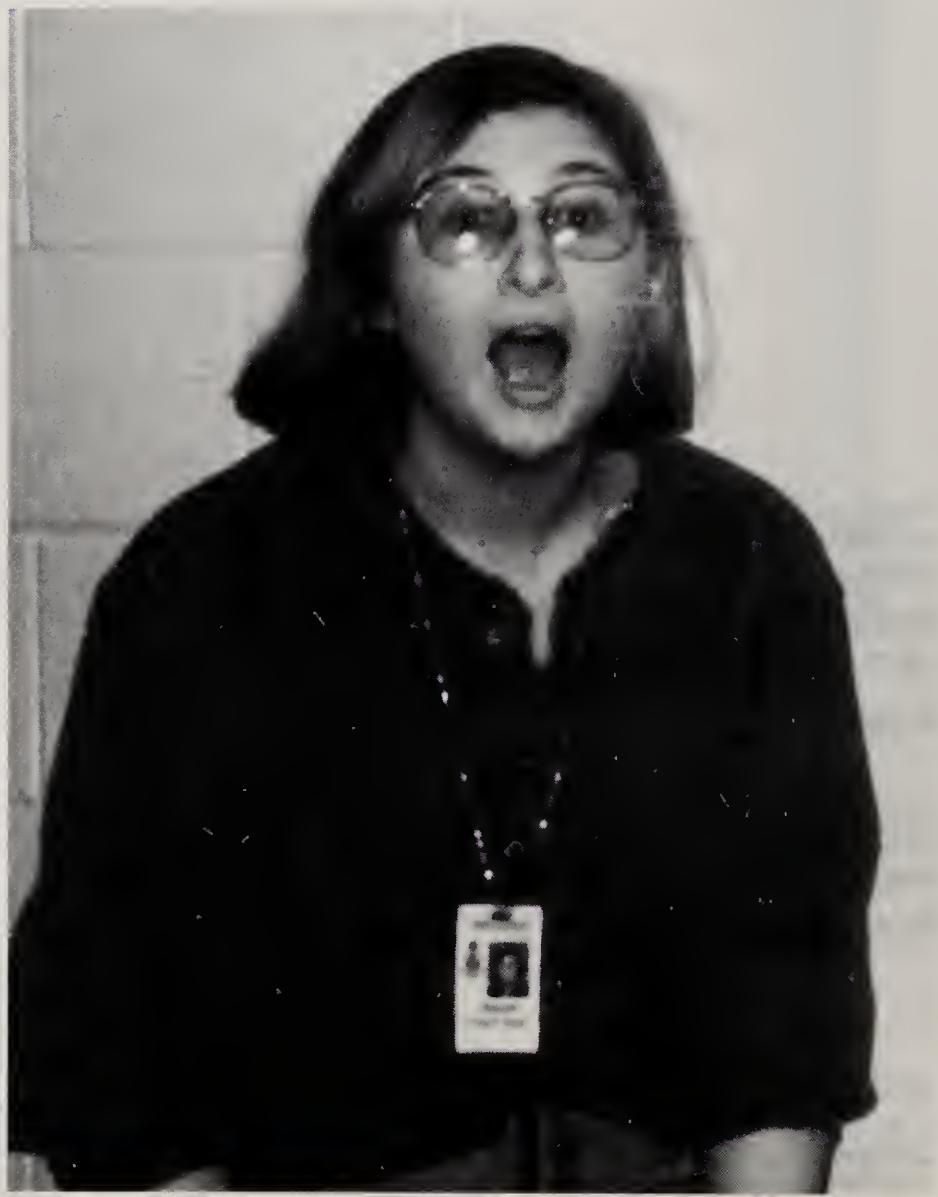
“These four years have been great, but the cake is when we graduate and thank this faculty not only for our education but also for providing the basis of who we will become in our future careers.”

YEAR IV

“Most classes were great, except there was one that could have been way better. It starts with and “E” and ends with “Y”. (I think the 2nd year students would agree).”

“Hang in there guys, just keep reminding yourself, only ONE more year to go, then it will be over.”

FRIENDLY CLOSE-UPS



“SAY SEXY CHEESE”

PART ONE



POETRY

“WHERE DO I GO FROM HERE”

Torn between two sides
I am uncertain to my identity.
One, living in her won world, cannot
grasp the realities of life.
only her sanity has kept her
from those places
The other, a barbaric alcoholic,
cannot control his rage.
Only the love of his own creation has
kept the blows of his massive hands from me.
Who am I to take after, Lord?
Where am I to go?
If I go with one, I'm afraid of becoming
out of touch with the real world.
If I go with the other, I may learn
to commit a homicide.
If I can only be with you Lord,
how peaceful my life would be.
The decision for them to get back
together will not stop me from leaving.
this is my farewell to all who
know me.
I shall sleep eternally tonight.

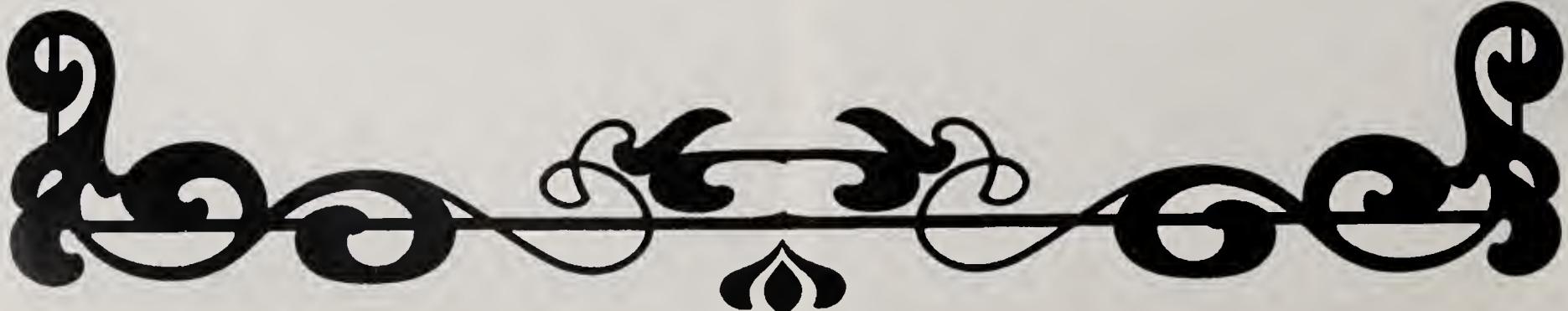
G.N.

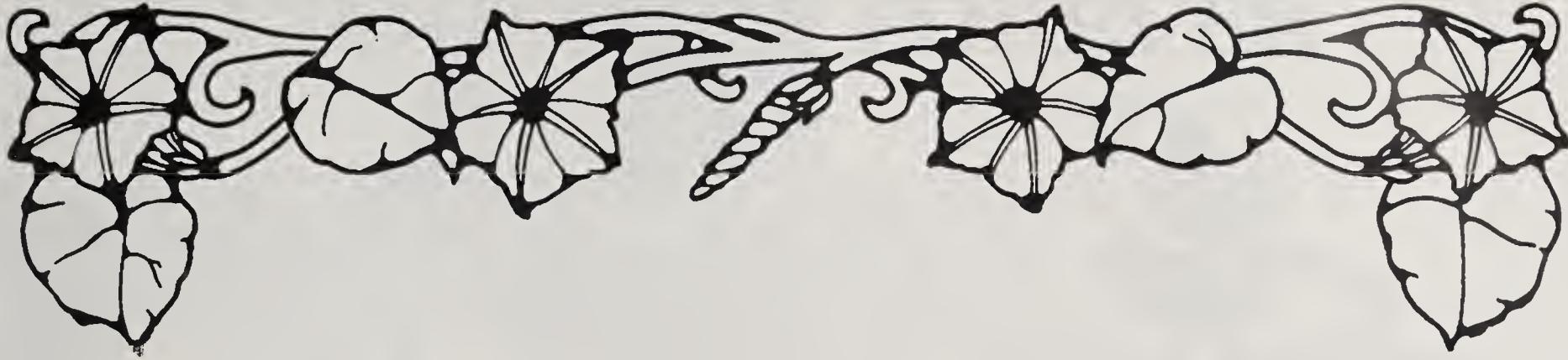


A ROSE I HELD...

A rose I held once said to me
Does your lover deserve the beauty
you see
Dear rose, I replied
Be not so vain
What pleases the eyes
Disillusions the brain

F.O.





HOME

**I was freezing in portable fourteen
When I remembered
The warmth of Trinidad and Tobago.
The brightest star of the universe was
shining.
And was reflected off the clear blue
waters
Into my dazzled eyes.**

**The wind was blowing
From the north,
Passing through the tropical trees
Back out to see.
On the other side of the mountain.
Fresh ocean breeze from the Gulf
Was blowing like the perpetual breath
of life.**

**As I walked along the beaches
My toes curled into the warm sand,
And my eyes were lightened
By the sun worshipping Goddesses.**



SOAP...

**I felt young and restless as I lay in the
bed at General Hospital.
I was in another world from my medication.
My mom visited with my brother.
It was Ryan's hope to see me alright.
He was wearing his new jacket with the falcon
crest on it.
My mother said that she loves me and
all of my children.
She said that accidents are a part of the days of
our lives and happens as the world turns.
My wife cam also. She was bold and beautiful
and I looked upon her as my guiding light.
I knew she was still loving me and then
I realized I had only one life to live.
It all started on my trip from Dallas
to Santa Barbara.
I was driving in my new Chrysler, Dynasty when
all of a sudden...**

D.M.

ALONE WITH FREEDOM

**Off we go, away, together,
Towards our freedom with only each other.
Two by two, the days go by,
All alone just you and I.
Then the days turn to weeks,
And our only time is when we sleep.
Soon the weeks turn to months, Our greatest
moments are only hugs.
When the months turn to years,
We try so hard to hide our tears.
But then we finally realize,
Life is not worth it without you and I.**

M.L.



GET WELL SOON???



TOGETHER FOREVER





To The Class of 1994

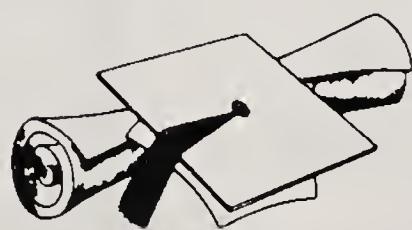
Our lives are marked forever
by those we meet;
the friendships we make and the love
we experience, the reconciliations
and the quarrels,
the works we have tried to do together,
for each other and for those
less fortunate.
All this has given us something to last.
May what we have done in this place
be given to many others in our lives.

Anonymous



GRADUATES

9T₄



**JOANNE MARGOT
AINSLIE**



ASRA ALI



MARTHA E. ALTON

**Look MA I made it!
It's been 4 yrs of
Parties, etoh,
honkers, SR.K, caff-
feine & great
friends. Success
owed to mom, dad,
A1 roommates, flori-
da, SK & most of all
Eileen. Go forth in
the world with
vengeance.**



LEE-ANNE AYRES

**"Love and Work, If
you love your job
you will never have
to work a day in
your life." -
Anonymous. Thanks
to R.D., T.T., T.B.,
K.P., J.H., D.H.,
K.W., A.H., Y.M.,
M.Z. Best wishes to
the Class of 1994!!!**



SHERRY BISCOPE



**TINA MARIE
BRYANT**



**"Old friends, memo-
ry brushes the same
years, silently shar-
ing the same fears."**

**Simon &
Garfunkel**



**MARIA ROHELLE
CARATAO**



CECILIA CHAN



KAREN CHAN

It was tough, but we have all made it to the end. Thanks to J.T., my family, and my friends for their support and encouragement. No matter where I go, or what I do, I'll always remember the special People who touched my life.



TAMIZA CHHAGAN



ANITA KIM CHIN



ANNE CHUN

GIULA CICCHINO



JENNIFER CLINE

Thanks to friends and family for your support and encouragement. I couldn't have done it without you. Especially G.R.. What is existentialism anyway?! My dream really has come true. At last life begins! Good luck to the class of 9T4.

JOVINA MAE CONCEPCION

I salute my Parents, family, friends, and mentors for their unfailing support and encouragement. This is one chapter closed; I look forward to the next one. Good luck to my colleagues.



CAROL CROSSMAN



P. CURTIS



DONNA DELLANDREA



**BARBARA
DRYSDALE**



Organized madness, Party much describes the Past 4 years! Lots of good memories and great friends...Good luck guys. Thanks for everything mom and Brenda.

KERRY ELLIS



Whatz 4 years of chaotic character building, ACADEMIA are over sad goodbye to the girls mo code in cr money ke9ohair brunz luvunfh. Banned from nunnery 2223. Let me c your - . Go jays mb no more debleachblondebimbo. I have a BScN

JANICE FLEMING



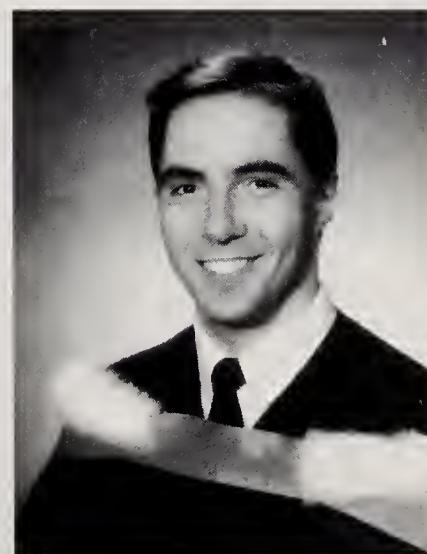
TO NHAN HANG



**JUDITH ELIZABETH
HEALY**



DAVID HENSON





**SUSAN MARIE
HERTZ**

“A cheerful look gives joy to the heart, and good news gives health to the bones. Proverbs 15:30”



JENNIFER HOLMES



A.E. HOUEY



TRACEY HUDSON

MARY HUGHES
He who gains victory over men is strong; but he who gains victory over himself is all Powerful.



ANDREA JACOBS

H. JANWEEL



PATRICIA LYNNE

JAPPY

Mom? Dad? Guess what? I did it! Finally graduated! (Tremendous cries of jubilation heard across southern Ontario) I want to thank those too numerous to mention & to my son-aim high sweetie, you can do anything if you want it bad enough.



L.E. JENKINS



C. JILENA



NESHMA JINA



M.A. JUCAK



D.K. JUONG



TRACY ANN KELLY



CAROLYN KOSTIUK



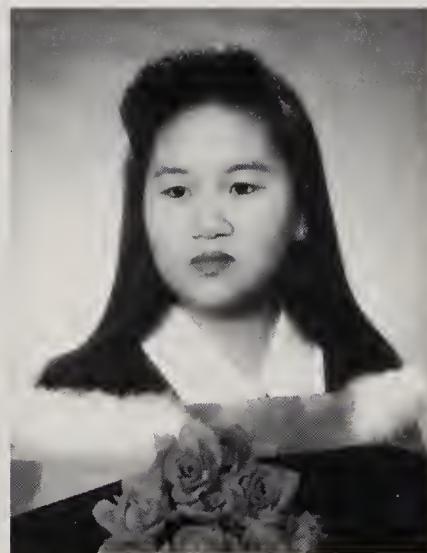
**BOHDANNA
KOVAL'S'KYJ**



BINDU KUMAR



ANGELA LAM



**Never to walk in
another's shadow,
Never to follow in
another's dream, My
life, My future, My
destiny. Emerging
from remains of the
day, My tomorrow
awaits! Thanks for
supporting me.
JSMDGA**

SZU MIN LAU



MONICA LAMBERT



**MARY ANN
LUCHANIE**



**To Nurse is to care;
To care is to give,
To give is to be with
another..and that is
the essence of
Nursing.**

**MARY THERESA
MACDONALD**



CATHY MACKAY

“Friends will go anywhere with you. Friends share the good and the bad. The times that I’ve spent with my best friends, are the best times that I’ve ever had.” K. Marks



DEBORAH MANN





MARA MARANO

I am only one; but still I am one. I cannot do everything; but still I can do something; I will not refuse to do the something I can do.



Julie Martin

I praise God for the privilege of becoming a nurse! Lord, may I never be lackin gin zeal, but keep my spiritual fervor in serving you.

Romans

12:11



KIM McKENZIE

“Hope deferred makes the heart sick.”

Proverbs 13:1

May we always be hopeful and confident in our future as nurses!!



TANIA MIKA



LYNN MIYAZAKI

Four years of hard work & late nights have come to an end. We finally made it! To my family & friends, thank you for your support & encouragement. To the Class of 9T4 - best of luck in your future endeavours!



ELIZABETH (YOLA) MOLKA

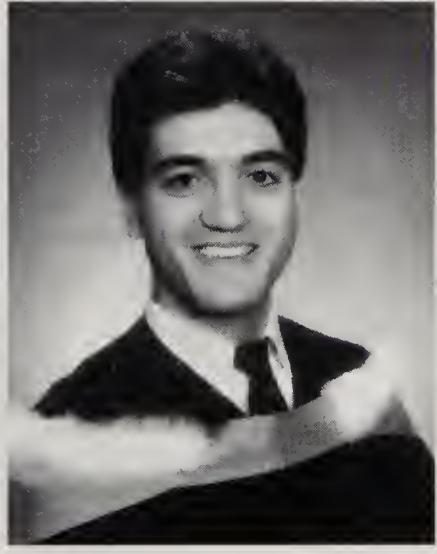
Hallelujah! I'm blowing this Popstand!! Now I can finally fly!! CHEERS!



**ELIZABETH JANICE
MOREAU**



MAFALDA MOTA



HAMID NAM

Class 9t4 Be Proud. We have made it! It is all over. Now it is time to go out there and show others through our Practice that we are best of the best. Good Luck to all of you. My special thanks to my mother.



JACQUELINE NGO

Finally It's over. Now we are free to say: (Goodbye essays and tests.) Thanks to my mom & dad without you I couldn't have made it. Also thanks to my friends for all the help over the four years.



NADIA NICHILLO



R. NOBLE



**ANA CRISTINA
NOBREGA**



EMILY ONG

A thirst for knowledge can never be quenched with dry lectures. Finally, It's graduation time. Four yrs of stress and anxiety attacks are over. No more long hrs of clinical and theory papers. Enough is enough!



KAREN PARKER

It's been a long four yrs, but we finally made it! Here's to a successful and happy future. All the best!



KATHIE PENROSE

Finally this chapter of my life is complete. Thanks to the support of my family and friends(I.T. L.A. & K.S.) goodluck and best wishes to the Class of '94



**PAULA PEREIRA-
SOLOMOS**



D. PERSAUD



LEANNE PITCHFORD

Those who hope in the Lord shall renew their strength. They will soar on wings like eagles; they will run & not grow weary, they will walk and not be faint.

Isaiah 40:31

GOD HAS BEEN FAITHFUL!



DEBRAH RICHARDS

To: My children Deanna, Asher, Diella & Peter who gave me the will to go on - all who supported me in the past 2 yrs - my husband Meschach & my sister Beverly, I could not have done it without you - THANKS



DANA RICHARDSON

From queens to the nunnery - etoh, RPM, xx19w9s, swf, mrc, pilotmicro'p'p. SL thx 4 always being there. mom & dad - I finally made it (4 +1yrs). As the door to APT1203 closes - another chapter begins... GOOD MY LOVES!



LINDA RITTER

"The wise in heart are called discerning and pleasant words promote instructions" PROVERBS 16:22 Goodluck in your future & remember to show Kindness to those who followed in your foot steps.



HEATHER SCHOUTEN

Such wind as scatter young men through the world, To seek their fortunes further than at home where small experience grows.
SHAKESPEARE



MIRNA SEIFERT

Its finally over! But can't forget - JUGO BOSS, RPM nites, xx19w9s, GOGO HELL, the bawp, nunery, fisher, geeks, UWO, Murfy, Patrick, SWF. Mon & dad - thhnx for everything & more! MH volim te uvijek! To the girls: never ..without you.



PAM SPENCER

God's will never directs me where his grace cannot protect me thanks to the support of many, I made it to the end and the beginning! Future Plans include Africa and finally getting a life!



SANDRA - LYNN STOTHERS



**KATHLEEN M.
SWISTARA**

"I won't look down I must not fall, this is the moment, the sweetest moment of them all... When I look back, I will recall, moment for moment, this was the moment, the greatest moment of them all!" LB



TAMMY THOMPSON

**A quote to live by:
Don't hurry, don't worry and don't forget to the flowers.
Now I have time to smell those flowers!
Good luck everyone!**



TRACEY TODD

Def'n of a Grad: one who felt like studying but laid down until the feeling went away. Faces & Places change but memories last forever. Thanks to N.M., L.A., K.P., and M&D - you kept me going! Good luck Class of 9T4!!



D.T. TYNI

M.P. ROBERTS



C.M. SINFIELD



K.B.L. WHITAKER



M. YOON



AIREEN AGUILAR



DJAMILA AHMED



I have just completed the iron-nurse marathon, a competition against one's own ability to withstand the immense feat of volumous typing and instant essay production. Thanks for your guidance, U of T!

PHOTOLESS GRADS

PATRICIA SARAH CHOI

“ A philosophy of life which involves no sacrifice turns out in the end to be merely an excuse for being the sort of person one is” T.S. Eliot

Congratulations Class of '94!

JANICE FAYE PINSENT

A special thank-you goes out to my family: Chris Brandon and Joshua. You have been and will continue to be the brightest source of light in my life.

MARIJANA VUCAK

4yrs as NFH, 2nd IN MD, Tequila on Esplanade, Murphey Brown, TATAS VINO, money at Queen's, APtregs #1203 Birdseye VIEWATSINAI, spark in ER, 50 dollars to delini, libs for REF, IQ through laughs, tears, & friendship. I made it!!

KHANH DUNG VUONG

After four long yrs of hard work, nightmare and anxiety attacks, I've finally survived! Thanks to my family, friends and KHOA who gave me the encouragement and support. I couldn't have done it without you.

HELEEN VAN WEEL

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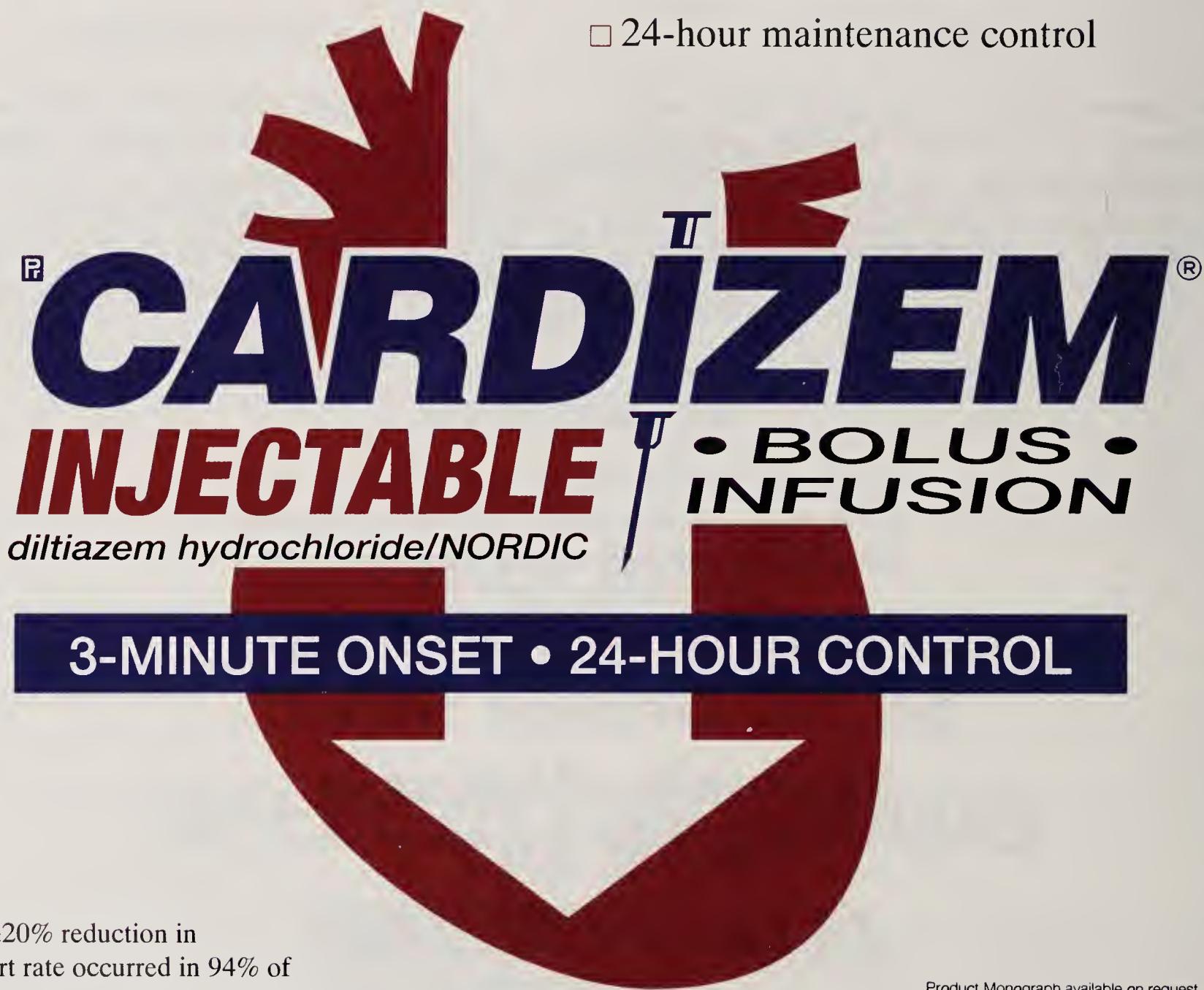
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References:

1. Salerno, D.M. et al, *Am. J. Cardiol.*, **63**, May 1989.
2. Ellenbogen, K.A. et al, *J. Am. Coll. Cardiol.*, **18:4**, October 1991.

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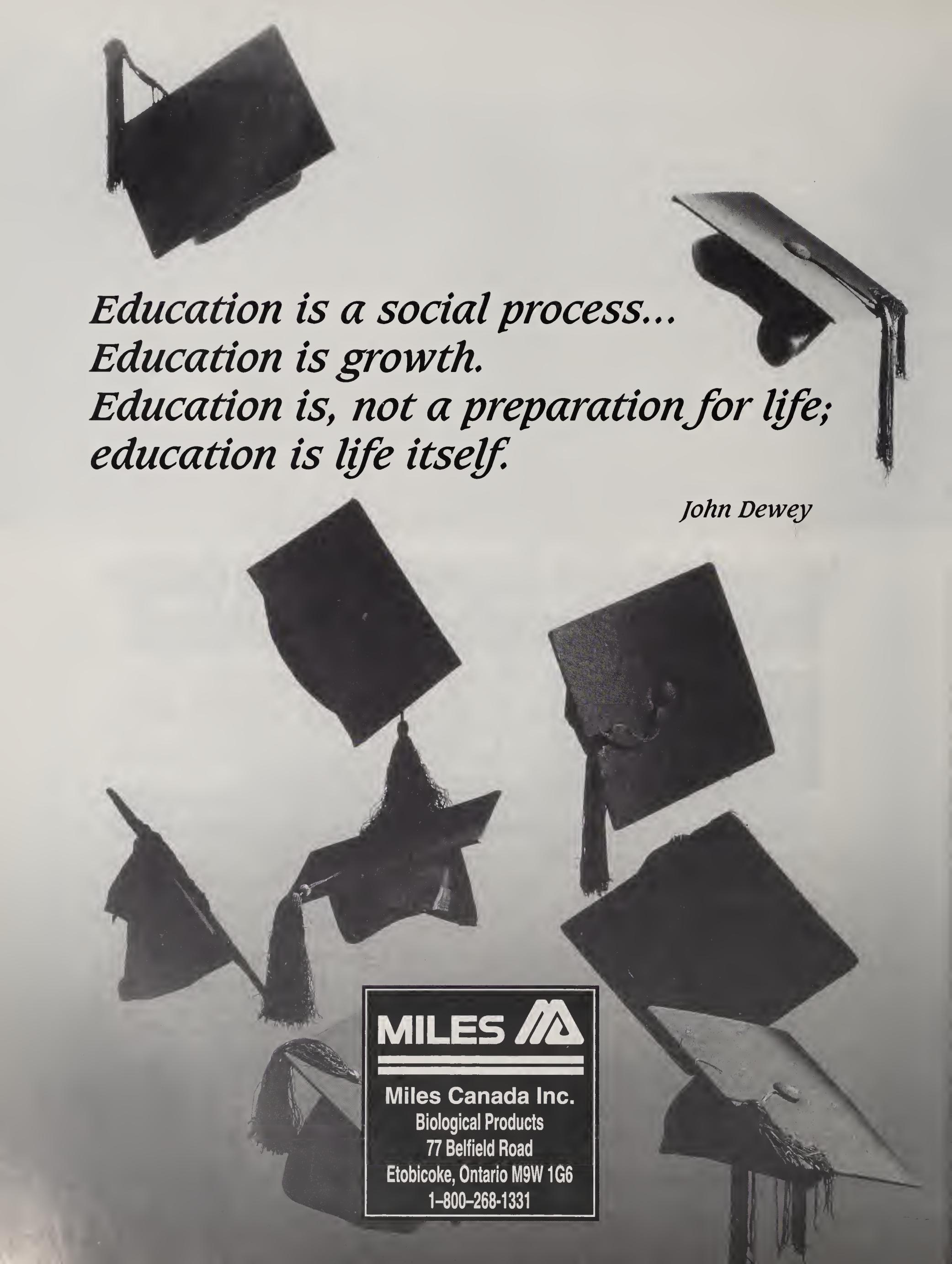
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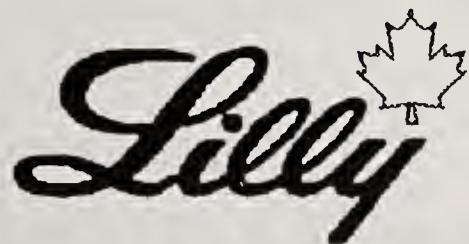
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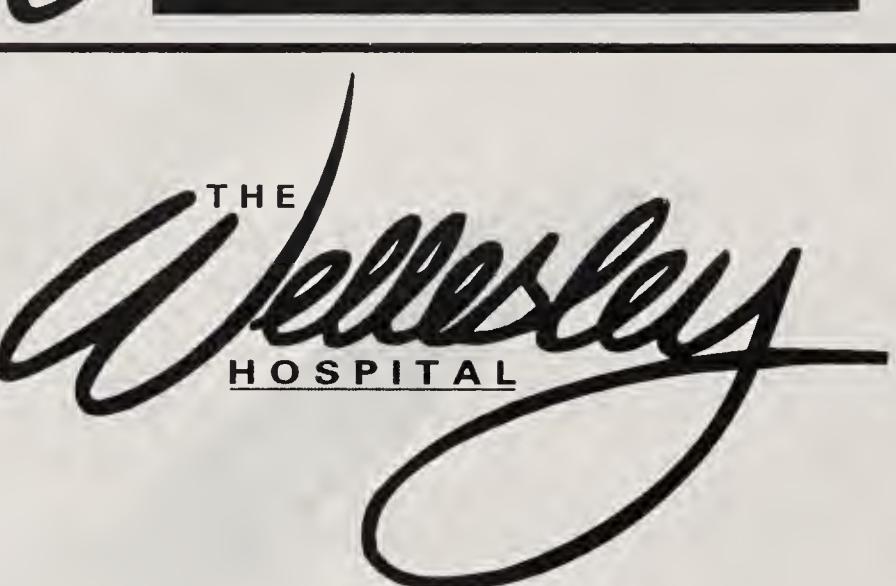
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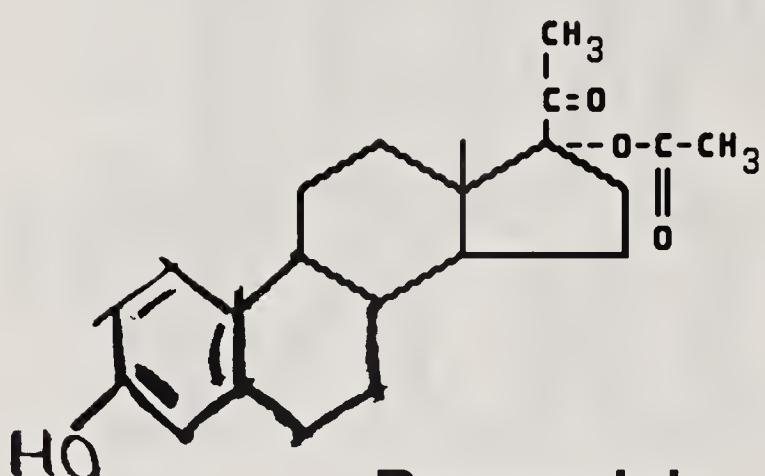


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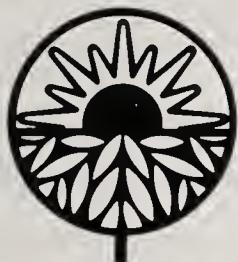
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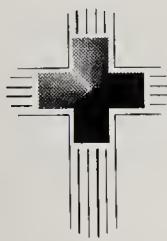
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